

Congratulations!

Your student has been accepted to Cab Calloway School of the Arts.

REGISTRATION PACKET Please read carefully and to the very end.

Congratulations on being accepted to Cab Calloway School of the Arts for the 2017-2018 school year!

In order for you to be accepted and enrolled, the registration packet items <u>must</u> be returned by March 17, 2017. Without all the required information, your acceptance will not be processed. If no response is received from the applicant, the invitation will be considered to have been rejected.

Final acceptance is based upon successful completion of current grade level and promotion into the grade level student was accepted for at CCSA.

Please make sure your student's name and grade is written on each page returned.

Registration Packet Deadline March 17, 2017

Registration Requirements for 9th – 12th Grade Incoming Students

Item	Current CCSA Students	Currently attending Red Clay Public Schools	Currently not attending Red Clay Public Schools
Invitation Letter Invitation needs to be accepted online.	X	Х	Х
Student Data Card	X	X	X
Copy of Birth Certificate			
Proof of Address — See list of requirements below.	X	X	Х
Copy of Current Immunizations This must include a Mantoux PPD skin test or TB risk assessment			Х
Current Physical Must have been done within the last 12 months and signed and dated by MD. SEE BELOW for Qualifiers	X—if they wish to participate in sports	X—if they wish to participate in sports	X
Copy of most recent report card			X
Delaware DOE Home Language			
Survey EVERY blank must be completed			X
Course Selections Sheet		X	X
Activity Request Form – Please complete the form included in this packet		X	X
Christiana Care School Based			
Health Center Registration Form (Optional) www.cabcallowayschool.org/wp- content/uploads/2016/08/Wilmington-Charter-Cab-SBHC- Registration-Packet1.pdf		X	X

QUALIFIERS FOR PHYSICAL:

Required: A current Mantoux PPD skin test or TB Risk Assessments must be completed for any incoming student coming from home school, private/charter school or are new Delaware state residents.

Required: If a physical has not been completed in the last 12 months, please make an appointment
for one to be done by August 1, 2017. Please list the Doctor's name and date and time of the
appointment on this line.

Please make sure the student's name and grade is listed on each page returned.

017-2018	District:		School:									
or Office Use	Only											
Student:		ID:	Gender:	Grade:	HMRM:							
	Red Clay Consolidated tudent Data Card	d Scho	ool District		For Office Use Onl							

First Name: Middle Name: Last Name: Generation: □ Jr. □ Sr. □ II □ III □ IV □ V Nickname: Female Gender: Male Birth Date: Unlisted? Home Phone: Race and Ethnicity Designation Is this student Hispanic or Latino? (Select one Yes answer.) Persons of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race, are No considered Hispanic or Latino. Indicate this student's race below. You must select at least one race, regardless of ethnicity designation. More than one response may be selected. American Indian or Native Hawaiian White or Pacific Islander Alaskan Native Black or African Select all that apply Asian Please indicate Physical (Home) and Mailing address if they are different. Physical Address: Apt #: Development: City: State/Zip: Same as Mailing Physical? Address: Apt #: Development: City: State/Zip:

Name: Relationship: Custodial Papers on file with school? Additional Information		□ Yes	
Custodial Papers on file with school?		□Yes	
		□ Yes	
Additional Information			□ No
Has the student been expelled?		□ Yes	□ No
Does your child have: (documentation required)			
IEP (Individualized Education Plan):		□ Yes	□ No
504 Accommodation Plan:		□ Yes	□ No
Learning Difficulties:		□ Yes	□ No
Physical Difficulties:		□ Yes	□ No
Name/Address of Previous School, Pre-School or D	ay Care		
Name:			
Street/Apt:			
City:		11	
State: Zip:			
Phone:			
Fax:			
School Age Sibling Information			
Name:			
DOB; Gra	ade:		
School:			
Name:			
DOB: Gra	ade:		
School:			
Name:			
DOB: Gra	ade:		
School:			
Name:			

School: Information Regarding How the Red Clay Consolidated School District Shares Student Information

DOB:

The Red Clay Consolidated School District recognizes the need to protect student information and privacy while promoting educational and extra-curricular activities in district and outside media. Federal law (FERPA) permits the district to release directory information under limited circumstances. Directory information is information about a student that is generally not considered an invasion of privacy, such as name, address, photograph, activities, and sports. If you wish to opt-out of the district releasing this information or including your child in articles and photos, please visit http://www.redclayschools.com/forms or obtain an opt-out form from your child's school office.

Grade:

For Office Use O	nly Stu	udent:																					ID):					_
Parent/Guardia cross out and i	n Conta	ct Info	rmati d/or s	ion: select	Plea	ase ropi	prov iate	ide a info	and rma	/or atio	mod	dify e	cont	act a	nd e	emei	rgen	cy i	nfoi	mati	on.	lf r	nec	ess	ary	'		Ā	ğ
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Last Name:													Oth	ner (pl	ease lis	st):													
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Development:												W	ork P	hone:															
City:												Bir	rth Da	ate:															
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Proof of Address Requirements

Two Proofs of Residence – Parent, legal guardian or relative caregiver of child being registered is required to provide at least two documents from the lists below. The documents must contain the name and address of the parent, legal guardian or relative caregiver. Addresses must be the same on both documents.

AT LEAST ONE ITEM FROM GROUP A AND ONE ITEM FROM GROUP B MUST BE PROVIDED

□ Copy of the most recent month's mortgage statement
(Copy of home settlement statement may be accepted in lieu of mortgage statement if the home was recently purchased and a mortgage statement has not been received) ☐ Rental agreement (showing legal parent, legal guardian, or relative caregiver as an occupant) ☐ Sewer bill (current year) ☐ Real estate tax receipt (current year) ☐ A recent original gas or electric bill
Group B ☐ Current automobile registration card or automobile insurance policy statement ☐ Rental insurance policy statement ☐ Most current year's tax documents ☐ Pay check or pay stub (dated within the past 30 days) ☐ Two consecutive bank statements (dated within the past 90 days) ☐ Official US Postal Service change of address notification on returned mail (yellow label with new address should be attached to envelope next to the old address) ☐ Correspondence from a DE state agency such as DHSS, DSCYF, Department of Labor, and DSS

If living in a residence of another person (not a rental property):

Both parties must complete an Affidavit of Multiple Occupancy. The owner of the property must provide at least one item from Group A and one item from Group B (listed above). The parent of the student being registered must provide at least two items from Group B (listed above).

If living in a rental residence of another person:

Both parties must complete an Affidavit of Multiple Occupancy. The lessee must provide a copy of the current lease agreement and one item from Group B (listed above). If the parent/legal guardian/relative caregiver and child are on the leaseholder's lease agreement, they must provide one item from Group B (listed above). If the parent/legal guardian/relative caregiver and child are not on the leaseholder's lease agreement they must provide two items from Group B (listed above).

DIAA SPORTS PHYSICAL FORM INSTRUCTIONS

This form requires 12 signatures!!!!

Check off each signature before returning form
1. Parent signature pg one
2. Student signature pg one
3. Parent signature pg one
4. Parent signature pg one
5. Parent signature pg one
6. Parent signature pg one
7. Athlete signature pg two
8. Parent signature pg two
9. Health care provider signature pg 3
10. Parent signature pg 4
11. Athlete signature pg 4

12. Health care provider signature pg 4_____

Did you completely fill out Section 1 and Section 2 on the SCHOOL ATHLETE MEDICAL CARD?

If any of these 12 signatures or sections is missing, the physical is incomplete and will not he accepted per DIAA rules and regulations.

DIAA requires that every student have a current sports physical in place in order to be eligible to try out and participate in any school-sponsored sport. *The physical exam must be completed on or after APRIL* 1 of the current year and runs through June 30 of the following year. Any questions related to sports please contact the athletic director,

Chris Eddy at 651-2727 ext 344 (ceddv@charterschool.org) or visit the DIAA website at http://www.doe.k12.de.us/diaa

MAKE A COPY FOR YOUR RECORDS

DELAWARE INTERSCHOLASTIC ATHLETIC ASSOCIATION

Parents/Guardian: There are 7 pages in the DIAA pre-participation physical evaluation (PPE) and consents form. Pages one, two and four require your signature while pages five, six and seven are references for you to keep. The physician must sign page 3 on or after April 1; the physical examination must have been conducted within 12 months of the physician's signature; and the PPE is valid through June 30 of the following school year.

	Athlete:		Phone:	School:						
	Age:	Gender:	Date of Birth:	Grade:						
	Parent/Guardian N	Name: (Please Print:								
		PAREN	T/GUARDIAN/STUDI	ENT CONSENTS						
			as my permission to participate		NOT checked below?					
	(Name of		is my permission to participate	m an morsonorastic species						
	NOTE- If you c	heck any sport bel	ow the athlete will NOT	be permitted to partici	ipate in that sport.					
100	Baseball	Basketball	Cheerleading		Crew					
1	Field Hockey	Football	Golf		Lacrosse (B)					
1	Lacrosse (G)	Soccer	Softball		Swimming					
-	Tennis	Track	Volleyball	Wrestling	1					
			D-4							
			Date:							
2.	Student Signatur To enable DIAA a interscholastic ath	and its full and associate n	Date: Date: nember schools to determine whe the release of any and all portion ited to, birth and age records, name alth records, academic work con	ther herein named student is elig s of school record files, beginning e and residence of student's pare	ent(s), guardian(s) or					
2.	To enable DIAA a interscholastic ath herein named stud Relative Care Giverecords.	and its full and associate naterics. I hereby consent to lent, including but not limiter, residence of student, here	Date:	ther herein named student is elig s of school record files, beginning e and residence of student's pare appleted, grades received and atte	ent(s), guardian(s) or					
3.	To enable DIAA a interscholastic ath herein named stud Relative Care Givercords. Parent Signature I further consent to athletically related	and its full and associate naterics. I hereby consent to lent, including but not limiter, residence of student, here	nember schools to determine whe the release of any and all portion ited to, birth and age records, name ealth records, academic work con	ther herein named student is elig s of school record files, beginning e and residence of student's para appleted, grades received and atten- the herein named student's name ages or contests, promotional lite	e, likeness, and					
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MIPreparticipation Physical Evaluation

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician.)

Date of Exam			Date of birth		
SexAgeGradeSchool)		Sport(s)		
Medicines and Allergies: Please list all of the prescription and over-	the-cou	nter med	licines and supplements (herbal and nutritional) that you are currently ta	king	
×					
Do you have any allergies?	ntify spe	cific aller	rgy below. Food Stinging Insects		
Explain "Yes" answers below. Circle questions you don't know the ans	wers to			Yes	No
GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	162	1 140
Has a doctor ever denied or restricted your participation in sports for any reason?			Do you cough, wheeze, or have difficulty breathing during or after exercise?		
2. Do you have any ongoing medical conditions? If so, please identify			27. Have you ever used an inhaler or taken asthma medicine?		
below. ☐ Asthma ☐ Anemia ☐ Diabetes ☐ Infections			28. Is there anyone in your family who has asthma?	-	
Other: 3. Have you ever spent the night in the hospital?			29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
Have you ever sperit treinight in the hospital? 4. Have you ever had surgery?			30. Do you have groin pain or a painful bulge or hemia in the groin area?		
4. Have you ever hed surgery? HEART HEALTH QUESTIONS ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mono) within the last month?		
5. Have you ever pessed out or nearly pessed out DURNG or	7.5		32. Do you have any rashes, pressure sores, or other skin problems?		
AFTER exercise?			33. Have you had a herpes or MRSA skin infection?		
6. Have you ever had disconfort, pain, tightness, or pressure in your			34. Have you ever had a head injury or concussion?		
chest during exerase?			35. Have you ever had a hit or blow to the head that caused confusion,		
7. Does your heart ever race or skip beats (irregular beats) during exercise?			prolonged headache, or memory problems?		
8. Has a doctor ever told you that you have any heart problems? If so,			36. Do you have a history of seizure disorder?		
check all that apply: ☐ High blood pressure ☐ A heart m urm ur		1000	37. Do you have headaches with exercise?		
☐ High cholesterol ☐ A heart infection ☐ Kawasaki disease Other:			38. Have you ever had numbness, lingling, or weakness in your arms or legs after being hit or falling?		
9. Has a doctor ever ordered a test for your heart? (For example, ECG/EKG,			39. Have you ever been unable to move your arms or legs after being hit or falling?		
echocardiogram) 10. Do you get lightheaded or feel more short of breath than expected			40. Have you ever become ill while exercising in the heat?		
during exercise?			41. Do you get frequent muscle cramps when exercising?		_
11. Have you ever had an unexplained seizure?			42. Do you or someone in your family have sickle cell trait or disease?		_
12. Do you get more tired or short of breath more quickly than your friends			43. Have you had any problems with your eyes or vision?		
during exercise?	700	to the same	44. Have you had any eye injuries?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	45. Do you wear glasses or contact lenses?		
 Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 50 (including 			46. Do you wear protective eyewear, such as goggles or a face shield?		
drowning unexplained car accident, or sudden infant death syndrome)?			47. Do you worry about your weight?		-
Does anyone in your family have hypertrophic cardiomyopathy, Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT			48. Are you trying to or has anyone recommended that you gain or lose weight?		
syndrome short QT syndrome Brugada syndrome, or catecholaminergic			49. Are you on a special diet or do you avoid certain types of foods?		
polymorphic ventricular tachycardia?			50 Have you ever had an eating disorder?		
15. Does anyone in your family have a heart problem, pacemaker, or	- 6		51. Do you have any concerns that you would like to discuss with a doctor?		
implanted defibrillator? 16. Has anyone in your family had unexplained fainting, unexplained			FEMALES ONLY		
seizures, or near drowning?			52. Have you ever had a menstrual period?		
BONE AND JOINT QUESTIONS	Yes	No	53. How old were you when you had your first menstrual period?		
17. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			54. How many periods have you had in the last 12 months?		
18. Have you ever had any broken or fractured bones or dislocated joints?			Explain "yes" answers here		
19. Have you ever had an injury that required x-rays, MR, CT scan, injections, therapy, a brace, a cast, or crutches?					
20. Have you ever had a stress fracture?					
20. Have you ever had a sires tractione? 21. Have you ever been told that you have or have you had an x-ray for neck					_
instability or atlantoaxial instability? (Down syndrome or dwarfism)					
22. Do you regularly use a brace ortholics, or other assistive device?	-		/		
23. Do you have a bone muscle or joint injury that bothers you?	-				
24 Do any of your joints become painful, swollen, feel warm, or look red? 25 Doyou have any history of juvenile arthritis or connective tissue disease?	-				
1.25. Dayou have any history of invenile arthritis or connective tissue disease?	1				



Signature of palentiguand an

MIPreparticipation Physical Evaluation PHYSICAL EXAMINATION FORM

lame	Date of birth
#HYSICIAN REMINDERS Consider additional questions on more sensitive issues Do you feet stressed out or under a lot of pressure? Do you ever feet sad, hopeless, depressed, or antious?	
 Do you feet safe at your home or residence? Have you ever tried algoriettes, chewing tobecco, snuff, or dip? During the past 30 days, did you use chewing tobecco, snuff, or dip? 	ip?
 Do you drink alcohol or use any other drugs? Have you ever taken anabolic steroids or used any other performen. Have you ever taken any supplements to help you gain or lose weigh. Do you weer a seat belt, use a helmet, and if you do not practice. 	on incrove your performance?
 Dayou wear a seat best, use a name, and if you do not practice. Consider reviewing questions on cardiovascular symptoms (questions) 	5 5–14).
EXAMINATION	☐ Male ☐ Female
leight Weight Pulse	Vision R20/ L20/ Corrected V N
	VISION IN EAST TO THE PROPERTY OF THE PROPERTY
MEDICAL Appearance Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatu arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency)	Walterstood of annual room and later to be an annual and an an annual and an
eyes/ears/nose/throal Pupils equal	
Hearing	
ymph nodes	
feart' Mumurs (auscultation standing, supine, +/- \álsalva)	
Location of point of maximal impulse (PM)	
Simultaneous femoral and radial pulses	F
ungs	
bdonren	
Senitourinary (males only)*	
Skin:	
HSV. lesions suggestive of MRSA, linea corports	
MUSCULOSKELETAL AND	
lack	NEW CHANGE AND ARTHUR COST
lack	
Shoulder/arm	
bowlforearm	
Wrist/hand/fingers	
Hip/thigh	
(nee	
.eg/ankle	
ont/taes	
unctional Duck-walk, single leg hop	
Consider ECG enhacardiogram and referral to cardiology for abnormal cardiac histor Consider Gilleram if in private selling. Having third party present is recommended.	
consider ocquitive evaluation or baseline neuropsychiatric festing if a history of signif	ificant concussion.
Cleared for all sports without restriction	A the constraint or trades and for
Cleared for all sports without restriction with recommendations for	further evaluation or treatment for
Not cleared	
☐ Pending further evaluation	
☐ For any sports	Grant Control of the
	articipation physical evaluation. The athlete does not present apparent clinical contraindications to practice and exam is on record in my office and can be made available to the school at the request of the parents. If condi- physician may rescind the dearance until the problem is resolved and the potential consequences are completely
	B.4.
dias	Phone, MD, DO, PA, or NP

SCHOOL ATHLETE MEDICAL CARD (Parent/Guardian: please print and complete Sections 1, 2 & 3)

SPORT(S):SPORT(S):
BIRTH DATE: GUARDIAN NAME:
(W)(P)
e of emergency:
PHONE(s):
PHONE(s):
to contact if needed):
PHONE:
INSURANCE:
GROUP:PHONE:
Section 2: MEDICAL INFORMATION
ALLERGIES:
(Vi)
ng competition require a physician's note)
RY:
TRAIT:
INFORMATION:
or Athletic Conditioning, Training and Health Care Procedures
articipate in the school's athletic conditioning and training program, and to receive ading first aid, diagnostic procedures, and medical treatment, that may be provided a trainers, or other healthcare providers employed directly or through a contract by 1. The healthcare providers have my permission to release my child's medical ners and school officials. In the event I cannot be reached in an emergency I give 1 to receive necessary treatment. I understand that Delaware Interscholastic by request information regarding the athlete's health status, and I hereby give my 1 hereby
Inding first aid, diagnostic procedures, and medical treatment, that may be provided trainers, or other healthcare providers employed directly or through a contract by I. The healthcare providers have my permission to release my child's medical ners and school officials. In the event I cannot be reached in an emergency I give to receive necessary treatment. I understand that Delaware Interscholastic y request information regarding the athlete's health status, and I hereby give my attion as long as the information does not personally identify my child. Date: Date: Date:
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1

PROTECT YOUR ATHLETIC ELIGIBILITY

YOU ARE NOT ELIGIBLE:

- 1. If you attend a high school and become 19 years of age before June 15 immediately preceding that school year. (Reg. 1009.2.1.1)
- 2. If you attend a junior high/middle school that terminates in the 8th grade and become 15 years of age before June 15 immediately preceding that school year. (Reg. 1008.2.1.1.1)
- *3. If you are not legally enrolled at the school which you represent. (Reg. 1008.2.3.1 and Reg. 1009.2.3.1)
- 4. If you are not residing with your custodial parent(s), court appointed legal guardian(s), Relative Caregiver, or are a student 18 years of age or older and living in the attendance zone of the school you attend unless you are participating in the Delaware School Choice Program, attend a private school or are a boarding school student. IF YOUR CUSTODIAL PARENT(S), LEGAL GUARDIAN(S) OR RELATIVE CAREGIVER(S) RELOCATES TO A DIFFERENT ATTENDANCE ZONE, YOU MUST NOTIFY YOUR ATHLETIC DIRECTOR IMMEDIATELY. (Reg. 1008.2.2.1 and Reg. 1009.2.2.1)
- *5. If you were absent unexcused or absent due to illness or injury; have been suspended (in-school or out-of-school); or have been assigned to homebound instruction or an alternative school for disciplinary reasons. (Reg. 1008.2.3.4 and 1008.2.3.5 Reg. 1009.2.3.5 and 1009.2.3.6)
- 6. If you failed to complete the preceding semester for reasons other than personal illness or injury. (Reg. 1008.2.3.6; Reg. 1009.2.3.7)
- *7. If you do not pursue a regular course of study and pass at least five credits per marking period (equivalent of four credits in junior high/middle school), two credits of which must be in the areas of Mathematics, Science, English, or Social Studies. IF YOU ARE A SENIOR, YOU MUST PASS ALL COURSES WHICH SATISFY AN UNMET GRADUATION REQUIREMENT. (Reg. 1008.2.6.; Reg. 1009.2.6.1)
- 8. A student who has previously participated in interscholastic athletics that transfers more than one time during their first year of eligibility shall be ineligible in any sport for a period of ninety (90) school days commencing with the first day of official attendance in the receiving school. The period of ineligibility shall continue to the next grade/school year until 90 school days have passed.
- If you transfer after the first day of school of your second year of high school, you are ineligible to participate in any sport you previously participated in for a period of one school year (Reg. 1009.2.4)
- 10. If you participated in the Delaware School Choice Program during the previous academic year and transferred to your "home school" for the current academic year without completing your two-year commitment or receiving a release from the sending school. (Reg. 1008.2.3.3; Reg. 1009.2.3.4)
- 11. If you participated in the Delaware School Choice Program during the previous academic year and transferred to another "choice school" for the current academic year unless you are playing a sport not sponsored by the sending school. (Reg. 1008.2.4.6.1; Reg. 1009.2.4.7.1)
- 12 If you reached the age of majority (18), occupied a residence in a different attendance zone than your custodial parent(s) or court appointed legal guardian(s), and have not been in regular attendance at your receiving school for at least 90 school days unless you are participating in the Delaware School Choice Program and your application was properly submitted prior to your change of residence. (Reg. 1009.2.2.1.7)
- 13. If you attend a high school and more than four years has elapsed since you first entered 9th grade, or more than five years has elapsed since you just entered 8th grade in schools with 8th grade eligibility for high school sports. (Reg. 1009.2.7.1 and 2.7.2.1)
- 14. If you attend a junior high/middle school in which only grades 7-8 are permitted to participate in interscholastic athletics and more than two years has elapsed since you first entered 7th grade. (Reg. 1008.2.7.1)
- 15. If you attend a junior high/middle school in which grades 6-8 are permitted to participate in interscholastic athletics and more than three years has elapsed since you first entered 6th grade. (Reg. 1008.2.7.2)
- 16. If you have played on or against a professional team or have accepted cash or a cash equivalent (savings bond, certificate of deposit, etc.); a merchandise item(s) with an aggregate retail value of more than \$150; a merchandise discount; a reduction or waiver of fees; a gift certificate or other valuable consideration for athletic participation. (Reg. 1009.2.5.1.4 and 2.5.1.5)
- 17. If you have used your athletic status to promote a commercial product or service in an advertisement or personal appearance. (Reg. 1009.2.5.1.7)
- 18. If you have not received a physical examination from a licensed physician (M.D. or D.O.), a certified nurse practitioner or a certified physician's assistant on or after April 1 and written consent from your custodial parent(s) or court appointed legal guardian(s) to participate in interscholastic athletics is not on file in the school office. (Reg. 1009.3.1.1.1 and Reg. 1008.3.1.1)
- 19. If you participate in an all-star game not approved by DIAA before you graduate from high school. (Reg. 1009.5.4)
- 20. If you are a foreign exchange student not participating in a two-semester program listed by the Council on Standards for International Educational Travel (CSIET). (Reg. 1009.2.8.1.2)
- 21. If you are an international student not in compliance with all DIAA regulations including Reg. 1009.2.2 residency requirements. (Reg. 1009.2.8.2)
- *IF YOU ARE NOT IN COMPLIANCE WITH THESE REQUIREMENTS, YOU MAY NOT TRY-OUT, PRACTICE, SCRIMMAGE OR PLAY IN A GAME.
- NOTE: Consult with your coach, athletic director, or principal for information concerning additional eligibility requirements.



Sadness

Confusion

Delaware Interscholastic Athletic Association Parent/ Player Concussion Information Form

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms ma	y include one or more	e of the following:	Teammates, parents and	d coaches may notice these:
Headaches	Pressure in head Balance problems	Nausea or vomiting Dizziness	Appears dazed Confused about assignment	Vacant facial expression Forgets plays
Neck pain Disturbed vision		Sluggish	Unsure of game/score, etc.	Clumsy Personality changes
Feeling foggy Amnesia	Drowsiness "Don't feel right"	Changes in sleep Low energy	Responds slowly Seizures	Behavior changes

"Don't feel right" Low energy Seizures Behavior change Nervousness Irritability Loss of consciousness Uncoordinated Repeating questions Poor Concentration Can't recall events before or after hit

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one (second impact syndrome). This can lead to prolonged recovery, or even to severe brain swelling with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents and students is the key for the student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. The injury may also require the student to be withheld from school until cleared by the physician. Close observation of the athlete should continue for several hours. You should also inform your child's coach if you think that your child may have a concussion Remember it is better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information from the CDC on concussions you can go to: http://www.cdc.gov/concussion/HeadsUp/youth.html

For a current update of DIAA policies and procedures on concussions you can go to: http://www.doc.k12.dc.us/diaa

For a free online training video on concussions you can go to:

http://nfhslearn.com/

All parents and players must sign the signature portion of the PPE indicating they have read and understand the above.



SUDDEN CARDIAC ARREST AWARENESS FORM

Revised August 2013

What is Sudden Cardiac Arrest?

- > Occurs suddenly and often without warning.
- An electrical malfunction (short-circuit) causes the bottom chambers of the heart (ventricles) to beat dangerously fast (ventricular tachycardia or fibrillation) and disrupts the pumping ability of the heart.
- > The heart cannot pump blood to the brain, lungs and other organs of the body.
- > The person loses consciousness (passes out) and has no pulse.
- > Death occurs within minutes if not treated immediately.

What causes Sudden Cardiac Arrest?

- > Conditions present at birth (inherited and non-inherited heart abnormalities)
- > A blow to the chest (Commotio Cordis)
- > An infection/inflammation of the heart, usually caused by a virus. (Myocarditis)
- Recreational/Performance-Enhancing drug use.
- > Other cardiac & medical conditions/Unknown causes. (Obesity/Idiopathic)

What are the symptoms/warning signs of Sudden Cardiac Arrest?

- > Fainting/blackouts (especially during exercise)
- Dizziness
- Unusual fatigue/weakness
- > Chest pain
- Shortness of breath
- Nausea/vomiting
- Palpitations (heart is beating unusually fast or skipping beats)
- > Family history of sudden cardiac arrest at age < 50

ANY of these symptoms/warning signs may necessitate further evaluation from your physician before returning to practice or a game.

What are ways to screen for Sudden Cardiac Arrest?

- > The American Heart Association recommends a pre-participation history and physical including 12 important cardiac elements.
- > The DIAA <u>Pre-Participation Physical Evaluation Medical History</u> form includes ALL 12 of these important cardiac elements and is mandatory annually. Please answer the heart history questions on the student health history section of the DIAA PPE carefully.
- Additional screening using an electrocardiogram and/or an echocardiogram is readily available to all athletes, but is not mandatory.

Where can one find additional information?

- Contact your primary care physician
- American Heart Association (<u>www.heart.org</u>)
- > August Heart (www.augustheart.org)
- Championship Hearts Foundation (<u>www.champhearts.org</u>)
- Cypress ECG Project (<u>www.cypressecgproject.org</u>)
- > Parent Heart Watch (www.parentheartwatch.com)



Parent/Legal Guardian Signature

Delaware Department of Education Home Language Survey

Da	te							
> - l		Studen	nt ID#		School			
nforma	ition is	artment of Education requires sc essential in order for schools to p and return this survey to your ch	provide meaningful instru					
	Parent's information (Section I. is for the parent/guardian's preferred language. The student Information is in Section II.)							
	а.	In what language would you like t	o receive written informati	on from the School?	?			
	b.	In what language would you prefe	er to communicate orally w	ith school staff?				
	Studen	nt's information:						
		Tid.						
	Last Na	ame, First Name, Middle Name	Date of Birth	Grade	Age			
	Which language(s) does your child currently:							
		Understand?	Speak?					
	Which language does your child most often use and hear:							
		At home with siblings?	Use:	Hear:				
		At home with parents?	Use:	Hear:	 :			
		At home with extended family?	Use:	Hear:				
		Outside of school (with friends ar	nd recreational activities)?	Use:	Hear:			
	Which language did your child speak when he/she first began to speak?							
	What	other languages does your child reg						
	Does y	our child read/write in English?	YES NO					
	Does y	our child read/write in a language	other than or in addition to	o English? YES	NO			
II.	Additional services may be provided to your child based on the date of his/her arrival and enrollment in U.S. Schools.							
	a. Your child was born in what country?							
	b.	b. If your child was born in another country, has he/she ever attended a school in the United States?						
		YES NO						
		If yes, what was the date your ch						

DISTRICTS: A COPY of this form must be included in the district/charter registration packet and distributed to all students. The completed form must be retained in the student's file to document compliance with the Title III federal program requirements. If another language is indicated on the form, a COPY of the completed form should be routed to the English as Second Language Department.

CAB CALLOWAY SCHOOL OF THE ARTS GRADE 11 COURSE SELECTION WORKSHEET

NAME:	ADTA	#4SQLIQS	COURSE	CDFDIT	TEACHER
	AMEA	COONSET		CNEDII	WILLIAM VALLE
Directions: Student must schedule a minimum of eight (8) credits	ENGLISH	_		1.00	
Consult with your current teachers and obtain their recommendation	SOCSTUDIES	2.		1.00	
lor placement in next year sacademic courses offered to your grade level, making sure you also meet the prerequisites. Select your Arts and Floctives (additional academic and/or arts classes) to complete	MATH	3.		1.00	
and Electives, (additional academic and/or at is classes), to complete your schedule. Finally, please select two alternate elective classes in priority order	SCIENCE	4.	2	1.00	
Line A-1: First Alternate Credit Line A-2: Second Alternate Credit	ARTS MAJOR	5.		1.00	
Cab Calloway School of the Arts is making an effort to be more	ELECTIVE	9.			
"Green!" Our 2017 - 2018 Course Booklet can be found online at	ELECTIVE	7.			25
www.caocanowayschool.org. nowevel, it you prefet a naru copy of the booklet, please contact us at 302-651-2705.	BLECTIVE	8.			
	ALT#1	9.			20
	ALT#2	10.			
Graduation Requirements Class of 2019					
CREDITS 4 4	our course selections s appropriate place.	with your parents a Any changes to you	Review your course selections with your parents and have them indicate their approval by signing in the appropriate place. Any changes to your selection must be made before August 1st.	eir approval by si; before August 1s	gning in t.
Mathematics 4 Science 3					
World Language 2	Student Signature	۵	Parent/Guardian Signature	ian Signature	
Health 1/2		DATE:			
Career Pathways (Arts) 3 Add'l Coursework 2 1/2					
TOTAL 24		Counselo	Counselor Signature		

Rising 11th Activity Period Request Form 2017-2018

Student Name:									
Current Grade:									
Next Year Grade:									
Please select 5 Activity Period Options									
We will do our best to honor requests. Due to class size restrictions, we cannot guarantee that									
you will get any of your requests. We will contact you to pick something else!!!									
Activity Period Top Choice									
Course Number	Title								
Alternate 1									
Course Number	Title								
Alternate 2									
Course Number	Title								
Alternate 3									
Course Number	Title								
Alternate 4									
Course Number	Title								

HIGH SCHOOL ACTIVITY PERIOD CHOICES 2017-2018

Enter your Activity Period selections online via the following (case sensitive) link: https://goo.gl/forms/YPJie8jdWjc3MAgz2

All students will be assigned one activity period next year (B day). A-Day is Advisory Day, where students are split into alphabetical groupings and assigned to teacher/advisors. Some students will automatically be registered for AP Support (based on course selection), and others will be enrolled in ELA and/or Math Enrichment, based on their report card grades and/or test scores. Regardless, all students must complete an activity request form.

AP Activity Periods

The following AP classes <u>do not offer a mandatory or optional AP activity period</u>: AP Art History, AP Chem, AP Econ, AP Lang, AP Lit, AP Spanish, AP Statistics, AP Studio Art, and all CSW AP classes

1309-77 AP Biology Support – (Grade 12)

This extra help session is for students in Mr. Rigby's AP Biology class. Students will have the opportunity to review for upcoming tests, study in small groups, review test questions with Mr. Rigby, review class notes, and more. **This activity period is mandatory for all students enrolled in AP Biology.**

1309-54 AP Calculus Math Support: This extra help session is for students in Mr. Killheffer's AP Calculus class. Students will have the opportunity to review for upcoming tests, study in small groups, review test questions with Mr. Killheffer, review class notes, and more. **This activity period is mandatory for all students enrolled in AP Calculus AB.**

1309-51 AP Environmental Support (11-12): This extra help session is for students enrolled in AP Environmental. Students will have the opportunity to review for upcoming tests, study in small groups, review test questions, class notes, and more. **This activity period is mandatory for all students enrolled in APES.**

1309-89 AP European History (10-12):

This activity period will supplement the AP Euro course with a focus on DBQ's, AP Exam strategies, finishing chapters and extra-time to work on packets/study guides. **Mandatory for all AP European History students!**

AP Government – (11-12): This extra help session is for students enrolled in AP Government. Students will have the opportunity to review for upcoming tests, study in small groups, review test questions, class notes, and more. **This activity period is mandatory for all students enrolled in AP Government.** AP Gov students, enter the entire course number into the online form: **1310-28**

1309-42 AP Psychology (Grade 12): This extra help session is for students enrolled in AP Psychology class. Students will have the opportunity to review for upcoming tests, study in small groups, review test questions, class notes, and more. **This activity period is mandatory for all students enrolled in AP Psychology.**

1309-79 AP US History Support (11-12): OPTIONAL Maximum Capacity: 30

This <u>optional</u> session will provide extra time for students to receive individual help, test review, personal writing conferences and a chance to see documentaries that we wouldn't ordinarily have time for in class. This activity period is only open to students enrolled in AP U.S. History.

1309-06 Academic support (Grades 9-12):

This provides extra time, in school, to work on homework in a quiet setting or get help from an instructor. From time to time the teacher will present intellectual puzzles for the students to explore.

1309-48 Art Studio Workshop (9-12):

The workshop is designed to provide students **enrolled in HS art classes** who need additional time to work or who seek instructor and/or tutored assistance outside of their scheduled art courses. This is an active working studio in that if an art student is caught up with their studio projects, they will be working on their Visual Journals. AP Studio Art students will specifically benefit from the extra time in the art studio.

1309-39 Bluegrass Activity Period (Grades 6-12):

Learn the style and some repertoire of bluegrass . . . and prepare for performances at local festivals in Wilmington and New Jersey! Open to violin, viola, banjo, guitar, dobro and bass players who already have instruments and can play tunes or chords on them. Reading music will help a lot, but being able to learn and play from memory even better.

1309-82 Brass/Woodwind Ensemble (9-12):

This activity period open to high school brass/woodwind players, will focus on playing music for ensembles of various sizes and instrumentation.

1309-14 Club 52 (Grades 9-12)

Come try your "hand" at your favorite game of cards. Or try a new one out. You'll be amazed at all of the possibilities. Students will play various card games like Hearts, Spades, Gripe, Back Alley, Uno, Skip Bo, Set Back, and Cribbage just to name a few. What a fun way to strengthen your math skills too! **30 students**

1309-84 Free to Be You (6-12):

Our club aims to create a prejudice and discrimination-free environment for everyone in the school and our community as a whole. We plan to accomplish this through raising awareness, creating allies, communicating, and providing overall support. We look to provide a safe, fun, and caring environment for students of all sexual orientations, races, abilities and backgrounds.

1309-12 French Support and Study Skills (Grades 8-12):

This is composed of French students who enjoy the study of the French language as well as students who need extra review and support in their French courses. Students in upper levels of the language work with and assist students who are experiencing challenges in their studies of the French language. In this class these experienced students encourage peers and share techniques that once learned, can be employed to facilitate the understanding of the French Language.

1309-65 Gaming Club (8-12):

Come play your favorite games with people who love to play too. Bring in any of your favorite games to broaden your mind and skill as you challenge each other. Board games, logic games, iOS games, trading card games or anything else that is able to be brought in is fair *game*. Discussion, strategy, and learning – and of course...gaming.

1309-30 Hackey Sack (Grades 9-12):

This game has been used to hone skills of soccer players for years, though it is not just for soccer. It can be played cooperatively or competitively. Hackey Sack is kicking a small cloth bag to see how long it can be kept in the air. No experience is necessary, as skills develop with practice.

1309-08 High School Chess Club (Grades 9-12):

Learn the basics of recreational chess, practice every (other) day, build self-confidence, become competitive in a nurturing environment, sharpen skills, improve concentration and logical thinking, research methods and strategies and have fun!

1309-97 High School Dance Company (Current Members ONLY 9-12):

This will be for the high school dance company members to rehearse and review choreography for upcoming performances and to allow time to catch up dancers if missed rehearsals. DO NOT PUT THIS AS A REQUEST UNLESS YOU ARE ALREADY A MEMBER. Auditions will be held in the fall for new members.

1309-10 Jazz Jam Appreciation (Grades 6-12):

This is a student led jam session focusing on improvisation and musical selections from various genres and styles. No experience in jazz is necessary. Students are required to bring their own instrument.

1309-50 Knitting/Crochet club (6-12):

Students can knit and/or crochet by following patterns or work on their projects in a fun community atmosphere. You can make your own socks, hats, cozies, scarves, and more! You must bring your own materials. There is teacher supervision but no instruction; therefore, prior knowledge is required.

1309-64 Music Composition for Everyone (Grades 6-12):

Music Composition if open to anyone who reads music. A Chromebook would be helpful as we will use noteflight.com for composition assignments. Students will learn basic composition techniques and learn to write simple to complex compositions.

1309-73 Mythology and Folklore (9-12):

This activity period will discuss myths and legends from around the world. Students will continue to enrich their knowledge by studying the effects of mythology on contemporary culture

1309-25 National Junior Art Honor Society (NJAHS) (Grades 7-9): This is designed specifically for middle school students. In 1989, the National Art Education Association began the National Junior Art Honor Society program to inspire and recognize students who have shown an outstanding ability and interest in art and to generate interest in art programs at the secondary level and beyond. **Participants** gain peer recognition, leadership growth opportunities, college and career preparation, and an unmatched sense of camaraderie. **Participants** receive opportunities for publication in the *NAHS News* (semi-annual, digital publication), and the National Art Honor Societies Online Gallery powered by **Artsonia. Institutions of higher education view the NJAHS as a mark of accomplishment.** Students inducted to the NJAHS must then be nominated for the NAHS when appropriate. Students that don't qualify for chapter membership are invited to attend to learn and participate in a variety of art making activities.

1309- 33 Old School Board Games: (Grades 9-12)

Students will participate in typical board games of 2 or more players which will help them with vocabulary, strategy, reasoning, patience and comradery. If you love Scrabble, Life, Pictionary, Backgammon and other board games; this club is for you! Only good sports are allowed in this club, so check your ego at the door.

1309-47 One on One Technology Support (6-12):

It's great we have these new pieces of technology, but do you know how to use it? Regardless of which side of the technology boat you are on, this activity period may be for you – both tech savvy and students struggling with technology are welcome! Mr. Greider will take the lead, but will also have experienced students on hand to assist others with learning devices and/or applications, such as: Google Apps, Schoology, and/or Adobe Apps, just to name a few.

1309-41 PE Games (Grades 9 – 12):

Engage in your favorite PE games from elementary school – high school. From messy yard to mat ball we will cover all your favorite games. We will also be creating our own games to share with the class!

1309-04 Piano Honors Society (6-12): This is a class by invitation of the most outstanding piano majors of both HS and MS.

1309-74 Reading Club (9-12):

This is a break in the middle of the day to read quietly and escape from the pressures of academics. Students need to bring a book they enjoy to this activity period.

1309-16 9th grade Social Studies Support (Grade 9):

Ninth grade can be a tough adjustment, and understanding Civics and Economics is not always easy. This activity offers help and support in Civics and/or Economics for any students who need it. Students will receive support from Mr. Clarke, as well as from any upperclassmen that sign up.

1309-86 Spanish Support (Grades 8-12):

This is composed of Spanish students who enjoy the study of the Spanish language as well as students who need extra review and support in their Spanish courses. Students in upper levels of the language work with and assist students who are experiencing challenges in their studies of the Spanish language. In this class these experienced students encourage peers and share techniques that once learned, can be employed to facilitate the understanding of the Spanish Language.

1309-34 Thespian Society (9-12):

This activity is ONLY open to members of the Thespian Society and all officers of the Thespian Society will be required to be in this activity period. Other Thespian Society members can join this activity as they please. We will be planning and implementing Thespian Society events and fundraisers. Regular Thespian Society meetings will still be held after school.

1309-15 Weight Training – (Grades 9-12):

Workout in the weight room with Mr. Donnelly! Every B Day, you'll target a new muscle group and become fit and strong, just like Mr. D!

1309-69 Women's Social (9-12):

A casual discussion group for students interested in the cultural, emotional and social issues facing today's young women. Come meet new people and find support from your peers.